

## Blessing and Curse

### A Choice of Contrasts

*I call heaven and earth to witness against you today, that I have set before you life and death, blessing and curse. Therefore choose life, that you and your offspring may live. (Deut 30:19)*

Exaltation	Humiliation
Health	Sickness (physical & mental)
Fruitful (reproduction)	Barren (unfruitfulness)
Generational blessing	Generational curse
Prosperity	Poverty
Victory	Defeat (failure, oppression)
God's favor	God's disfavor

### CURSES

- Generational curse (Ex 20:5)
  - Iniquity: wickedness, lawlessness, doing our own will instead of God's will
- Hex, incantation, spell (Num 22:4-6, Job 2:9)
- Word curse (Matt 12:35-37)

### Some Symptoms<sup>1</sup>

- Mental or emotional breakdown
- Repeated or chronic sickness (hereditary)
- Barrenness, reproductive issues
- Breakdown of relationships (marriage and family)
- Poverty and deprivation (failure to thrive)
- Accident prone
- Suicides and unnatural or untimely deaths

### Resolution

- Forgive iniquities
- Realign authority (Prov 26:2)
- Ask for the blessing (Lk 11:24)

### BLESSINGS

- Generational blessing (Prov 20:7, 13:22)
- Blessings are for being fruitful, multiplying, stewarding (Gen 1:28)
- Speak agreement with God's preferred future for the person (1 Jn 5:14-15)
- Confirm the "blessable" redeemed character traits
- Gratitude, praise, and worship are forms of blessing (Ps 103:1-5)
- Pray it; Speak it; Write it

---

<sup>1</sup> Derek Prince, *Blessing or Curse You Can Choose*, Chosen Books, 2003, pg 45